



TERMS OF ACCEPTANCE

When a patient seeks health care and we accept a patient for such care, it is essential for both to be working for the same objective.

Spinal Decompression has only one goal. It is important that each patient understands both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

Bulging/Herniated Disc: Degenerative Disc Disease (DDD) is the progressive breakdown of intervertebral discs due to aging, wear and tear, or injury. Loss of disc hydration and elasticity reduces shock absorption, leading to disc thinning, spinal instability, and potential nerve compression. [SEP]

Bulging/Herniated Disc occurs when a disc’s outer layer weakens, causing the disc to protrude beyond its normal boundary without rupture. While often asymptomatic, it can compress spinal nerves, leading to localized pain, numbness, tingling, or weakness in the extremities, depending on the affected spinal level.

Spinal Decompression: Spinal Decompression Therapy effectively relieves the pain associated with disc herniation/bulge, degenerative discs, posterior facet and other spinal related syndromes by reducing the pressure on the spinal discs and facet joints through unloading created by distraction and positioning.

Health: The state of optimal physical, mental and social well being, not merely the absence of disease or infirmity.

During the course of a spinal examination, if we encounter unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of another health care provider.

Spinal Decompression Therapy : Effective in treating a range of spinal conditions, including herniated and bulging discs, degenerative disc disease, sciatica, and spinal stenosis. By creating negative pressure within the discs, the therapy helps retract bulging or herniated discs, reducing compression on the spinal nerves. For individuals seeking a non-invasive solution to chronic back pain, spinal decompression therapy offers a conservative approach. Many patients experience long-term pain relief and improved quality of life after completing a full course of spinal decompression therapy. The therapy promotes the natural healing process by enhancing the movement of water, oxygen, and nutrient-rich fluids into the discs.

I, _____, have read and fully understand the above statements.
(Print Name)

All my questions regarding the doctor’s objective pertaining to Spinal Decompression care at Austin Disc & Spine have been answered to my complete satisfaction. Therefore, I accept treatment on this basis.

(Signature)

(Date)

Consent to evaluate and adjust a minor child

I, _____, being the parent or legal guardian of _____, have read and fully understand the above terms of acceptance and hereby grant permission for my child to receive Spinal Decompression care..